



We now offer props!

Focus Yoga is now offering high quality mats, blocks, blankets and more. These props cannot be purchased in department or discount stores. We've selected props we feel will best enhance your practice.

Visit the studio or call for more information:
708 471 0487



Blocks

Block, basic \$12.00
Lightweight foam, blue, green or terra cotta

Manduka Cork Block \$19.00
Heavyweight, supportive, natural cork.

Manduka Lyrics Cork Block \$30.00
Heavyweight, supportive, beautiful graphic

Block - oversized \$20.00
Great for tall or more inflexible practitioners

Mats

C-pur mat \$55.00
Two sided, eco foam. No break in, sticky right away. Recyclable, comes with own mat bag. Blue, grey, pink, purple

Manduka eko mat \$76.00
All natural rubber, thick, beautiful seagrass texture. Denim, Moss and Gypsy

Manduka superlite mat \$39.00
Ideal for travel, or for layering over another mat, rubber mat folds small.

Straps

Strap - 10' \$12.00

Strap - 8' \$10.00

Strap - 6' \$ 9.00

Manduka 8' strap \$13.00

Bolsters and Blankets

Manduka wool blanket \$32.00
Recycled material, mid-weight.

Mexican Blankets \$30.00

Bolster \$34.00

Extra Treats

Manduka mat towel \$49.00
Covers your mat to provide not only grip, but absorbency for sweaty classes. Limestone, Vintage Violet and Dusk with graphics. Machine washable.